

Our Emergency Call Plan

Dial **111** to request Fire, Ambulance or Police

Remember speak slowly, speak clearly and try to stay calm



Our phone number _____ Our doctors number _____

Our address _____

Our suburb/town/city _____

Landmarks/identifiers _____

Our nearest AED _____

(note not all AEDs are available 24/7)

RAPID number _____

(available to rural residents from local authorities)

24 Hour Poison Control Centre 0800 Poison (0800 764 766)



Learn First Aid for FREE check it out at www.actionsforsurvival.com or call us FREE on 0508 11 22 22

It's not just First Aid, IT'S LIFE